

Recommendations for Gem Stones

The wearing of gems is an important consideration that can potentially change and alter many areas of your life. As this is a classical science, we give below the views of the ancient Indian astrologers.

माणिक्यं तरणेः सुजात्यममलं मुक्ताफलं शीतगोमहिषस्य च विद्रुमो निगदितः सौम्यस्य गार्त्तमतं ।
देवेज्यस्य च पुष्परागमसुराचारूर्यस्य वज्रं शनेनीलं निर्मलमन्ययोश्च गदिते गोमेदवैदूर्यके ॥

“Ill Planets and how to propitiate them by bestowal of gems: When the Sun is hostile, a pure ruby; when the Moon, a good pearl; when Mars, a coral; when Mercury, the emerald; when Jupiter, the topaz; when Venus, the diamond; when Saturn, the (blue) sapphire; when Rahu, the gomedha; when Ketu, the cat' s-eye, should be given.” Mani Mala, Part II, 79

धन्यं यशस्यमायुष्यं श्रीमद् व्यसनसूदनं । हर्षणं काम्यमोजस्यं रत्नाभरणधारणं ॥
ग्रहदृष्टिहरं पुष्टिकरं दुःखप्रणाशनं । पापदौर्भाग्यशमनं रत्नाभरणधारणं ॥

“The wearing of gemmed ornaments brings respect, fame, longevity, wealth, happiness, strength and fruition. Over and above this, it wards off evil astral influences, makes the body healthy, removes misery and fortune and washes away sin.” – Mani Mala, Part II, 121-122.

Life Stone

The gem for the lagna lord is a good stone to wear at all times. It gives health, vitality, general success and wellbeing. Wearing it supports all other areas of life. Your lagna lord is the Sun, therefore wearing the Sun' s stone will be beneficial. The stones for the Sun are : Ruby, Red Spinel and Red Garnet.

“The treasuring up of a ruby furnished with every perfection is as meritorious as the celebration of the Aswamedha yajna and leads to wealth, success and long life.” – Mani Mala, Part I, 219.

“The man who keeps in his house a sterling ruby can with perfect safety, constantly live in the midst of enemies, and is impervious to the attacks of good fortune.” – Mani Mala, Part I, 199.

“The ruby is sweet, cool, specific for imperfect oxidation and biliousness.” – Mani Mala, Part II, 62.

Wearing instructions: The gem for the Sun is best set in gold, though copper can be used as an alternate. If a ring, it should be worn on the ring finger. Begin to wear it on a Sunday at sunrise.

Mantra to purify and energize the Sun' s gem:

ॐ घृणिः सूर्याय नमः।

“Aum grinih Suryaya namah.”



Punya (Lucky) Stone

The gem for the fifth lord is particularly lucky, while also being good for creative energy, and children. Your fifth lord is Jupiter, therefore wearing Jupiter's stone will be beneficial. The stones for Jupiter are : Yellow Sapphire, Yellow Topaz, Citrine.

“The (yellow) topaz is sour, cool, and curative of abnormal oxidation, causes appetite, and brings fame, wealth and wisdom.” – Mani Mala, Part II, 65.

Wearing instructions: The gem for Jupiter is best set in gold. If a ring, it should be worn on the index finger. Begin to wear it on a Thursday one hour before sunset.

Mantra to purify and energize Jupiter's gem:

ॐ बृं बृहस्पतये नमः।

“Aum brim Brihaspataye namah.”

Bhagya (Fortune) Stone

The gem for the ninth lord particularly brings fortune. Your ninth lord is Mars, therefore wearing Mars' stone will be beneficial. The stone for Mars is Red Corel.

“A clear, soft, cool, and finely red coral is auspicious, conduces to prosperity and is an antidote to poisoning.” – Mani Mala, Part I, 356.

“The coral is sour, sweet, specific for cold and biliousness, nutritious, and grace imparting; and the wearing of it is very beneficial to women.” – Mani Mala, Part II, 66.

Wearing instructions: The gem for Mars is best set in silver, though if the desire is to increase one's courage, strength and bodily warmth then it should be set in gold. If a ring, it should be worn on the ring finger, or index finger. Begin to wear it on a Tuesday, one hour after sunrise.

Mantra to purify and energize Mars' gem:

ॐ अं अंगारकाय नमः।

“Aum ang Angarakaya namah.”

General Instructions

Generally it is always best to purchase the best quality gemstones that you can afford. The stones of lesser potency have been found to work very well and are less costly, though they need to be worn in a larger size in order to give the same strength of effects.

To derive the best effects of a gem, begin to wear it after cleansing it in fresh milk and rinsing it in purified water. Then, holding and concentrating on the gem, perform the mantra given 108 times.

Gems should generally be worn on the right for men and the left for women. Gems may be worn either on the appropriate finger as a ring, or on the upper arm as a bangle. Alternately the gem can be worn around the neck, but this has the disadvantage of the gem swinging and not maintaining skin contact. Most important is that the Gem is set so as to touch the skin.